

Lesson Plan 1: What are my work values?

Core www.cfnc.org Area:

Career Exploration

Total Time:

45-60 minutes

Target Grades:

9th grade

Suggested Timeline:

Before course selection or Fall Semester

ASCA Correlation

(Which of the ASCA Standards does this lesson address?)

A-A	A-B	A-C	C-A	C-B	C-C	PS-A	PS-B	PS-C
			X		X			

National Career Development Standards:

ED1	ED2	CM1	CM2	CM3	CM4	CM5	PS1	PS2	PS3	PS4
X	X	X	X	X	X	X	X	X		X

Lesson Objectives

By the end of the lesson, students will have completed the Work Values Sorter.

Materials Needed

Computer lab or computer cart
Program of Studies

Advance Preparation

Reserve computer lab or computer cart
Procure Program of Studies for the high school

Activator (Typically 5-10 minutes)

Discuss the importance of career exploration:

- Plan for post-secondary options
- Choosing further studies or an internship according to your vocational identity and career interests
- Learning the skills necessary for procuring employment
- Gaining knowledge regarding part time employment or internship opportunities
- Course selection
- Relate students' experiences of previous career exploration in www.cfnc.org

www.cfnc.org will:

- Show students tools and resources that are appropriate to their grade or stage of life
- Save student work so the student can return and later complete exercise
- Provide students with a lifelong portfolio to help with future career www.cfnc.org
- Make suggestions based on student's previous work



Core Learning Strategies/Lesson Activities (Typically 30-40 minutes)

Session #	Step #	Responsibility	Action Steps
1	1	School counselors	<ul style="list-style-type: none"> Introduce Career Exploration and reasons why this is important.
	2	School Counselors & Students	<ul style="list-style-type: none"> Focus on today's work: Using www.cfnc.org to continue or begin career exploration. Student signs into account; then <i>Career Planning</i>, to <i>All About You</i>. Open Work Values Sorter.
	3	School Counselor	<ul style="list-style-type: none"> Describe the importance of understanding the concept of work values before looking for careers.
	4	Student	<ul style="list-style-type: none"> Completes Work Values Sorter, clicks on "Continue to Your Results".
	5	Student	<ul style="list-style-type: none"> In the <i>Reflection</i> box on the screen: Student identifies top two Work Values and answers the question "Are you surprised by these results?" Student views suggested careers and answers the questions: "What is the education needed to pursue this career?" "What is the average annual earnings of this career?" <p>** If the students have completed other www.cfnc.org assessments, answer these questions: "Are the careers suggested in this assessment of Work Values sorter similar to other results? If the results are different, explain why you believe these results appeared today. If the results are similar, discuss how you plan on continuing to explore these careers."</p> <ul style="list-style-type: none"> Reminder for students: Be sure to save the "Reflection".
	6	Counselor	<ul style="list-style-type: none"> Ask students to share top careers & if this was a career student has previously considered.



Session #	Step #	Responsibility	Action Steps
	7	Student	<ul style="list-style-type: none"> Look at high school's Program of Studies to determine if elective courses could support continued exploration in the careers suggested by the Work Values Sorter results. Write a paragraph on how this career exploration exercise has exposed each student to potentially new career options and how this will impact course selection for the following year. Upload this to the <i>Your Portfolio</i> section of www.cfnc.org

(chart from RI School Counselor Association's Toolkits, found at www.rischoolcounselor.org)

Summarizer/Informal Assessment (Typically 5-10 minutes)

Students will:

- Write a Reflection in www.cfnc.org about the Work Values sorter results.
- Share with peers results of Work Values sorter.
- Write a paragraph on how this career exploration exercise has exposed each student to potentially new career options and how this will impact their course selection. Upload this to the Portfolio section of www.cfnc.org

Follow-Up

- Internship or volunteer experience for students during summer
- Career fair organized for spring semester

