

Lesson Plan 9: Preparing for Life after High School

Core www.cfnc.org Area:

Post Secondary Planning

Total Time:

45-60 minutes

Target Grades:

12th grade

Suggested Timeline:

Fall Semester of Senior Year or Spring Semester of Junior Year

ASCA Correlation

(Which of the ASCA Standards does this lesson address?)

A-A	A-B	A-C	C-A	C-B	C-C	PS-A	PS-B	PS-C
X	X	X		X		X	X	

National Career Development Standards:

ED1	ED2	CM1	CM2	CM3	CM4	CM5	PS1	PS2	PS3	PS4
X	X	X	X	X	X	X	X	X	X	X

Lesson Objectives

By the end of the lesson, students will understand college matching and post secondary options.

Materials Needed

Computer lab or computer cart

Advance Preparation

Reserve computer lab or computer cart

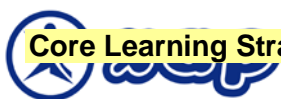
Activator (Typically 5-10 minutes)

Discuss the importance of post-secondary exploration and planning:

- Plan for post-secondary options.
- Choosing post-secondary studies or an internship according to your vocational identity and career interests.
- Learning the skills necessary to prepare for post-secondary opportunities.
- Make informed choices regarding course selection.
- Relate students' experiences of previous post-secondary exploration in www.cfnc.org

www.cfnc.org will:

- Show students tools and resources that are appropriate to explore post-secondary options.
- Save student work so the student can return and later complete exercises.
- Provide students with a lifelong portfolio to help with future post-secondary and career www.cfnc.org
- Make suggestions based on previous student's work.



Core Learning Strategies/Lesson Activities (Typically 30-40 minutes)

Session #	Step #	Responsibility	Action Steps
1	1	School counselors	<ul style="list-style-type: none"> Introduce the importance of post-secondary planning and exploration and the importance of choosing the best fit.
	2	School Counselors & Students	<ul style="list-style-type: none"> Focus on today's work <p>Using www.cfnc.org to continue or begin post-secondary exploration</p> <p>Student signs into account; then to <i>College Planning</i>, then to <i>Prepare for College</i>, then to <i>Getting Ready for College</i>, then to <i>College Choice</i>.</p> <p>When completed, go to <i>Post-secondary Options</i>.</p>
	3	School Counselor	<ul style="list-style-type: none"> Describe the importance of understanding the post-secondary planning process and explore your post secondary options.
	4	Student	<ul style="list-style-type: none"> Click on <i>College Choice</i> Read the college choice headings and information. Select one or two areas, click on it to read additional information.
	5	Student	<ul style="list-style-type: none"> Click to <i>Post Secondary Options</i> Read about the other options that are available to students.
	6	Counselor	<ul style="list-style-type: none"> Remind student that there are many post secondary options available. Finding a school or program that matches their specific career goals and interests can be a rewarding and exciting experience.
	7	Counselor	<ul style="list-style-type: none"> Go to Your Portfolio, then to <i>Your Journal</i> and answer the following questions: Did this activity expose you to new post-secondary options that had not been previously considered? Explain. Did this activity confirm your choice of a program of study? Explain.

(chart from RI School Counselor Association's Toolkits, found at www.rischoolcounselor.org)

Students will:

- Write a journal entry about the college matching activity.
- Share their results with peers.

Follow-Up

- Visit colleges, technical school or apprentice program.
- Visit with college representative who visit the secondary school.
- Talk to other students who attend that college or program.
- Discuss your findings with your parents/guardian.
- Read all available information about the colleges or program of your choice.

